

## Show Notes

### Episode 7: The Challenges of Making Change



#### Our Guests:

Elizabeth Forte  
Health Equity Education Specialist, Novant Health

Vivian Anugwom  
Health Equity Manager, Allina Health

**Show Link on Anchor:** <https://anchor.fm/centeringtheequity/episodes/The-Frontlines-of-Health-Equity-Creating-Culturally-Effective-Care-e18ftrq>

**Show Summary:** Elizabeth Forte, Health Equity Education Specialist at Novant Health, and Vivian Anugwom, Health Equity Manager at Allina Health, share some of the challenges they have encountered while working on the frontlines within their respective health systems to identify and address health disparities. Both Elizabeth and Vivian share how their respective organizations are not only committed to anti-racism but also creating culturally competent, culturally effective care models that reflect all of the communities they serve. This episode highlights the need to bring in the voices of the patients and community to understand how to provide culturally responsive care. "Speaking truth to power" is the start of creating a culture of inclusivity.

#### Information Referenced on the Show:

Novant Health

<https://www.novanthealth.org>

New Hanover Regional Medical Center

<https://www.nhrmc.org>

Allina Health

<https://www.allinahealth.org>

Information about the Just Health Collective Village, founded by Duane Reynolds is available here:

<https://jhcvilleage.mn.co>

Information about the Inclusion Scorecard for Population Health developed by Dr. Maria Hernandez is available here: <http://www.impact4health.com/population-health-1>

## Contact Us



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